

Essential Practice #2

THE HOPE QUOTIENT

Discouragement Precedes _____

“Things will _____”

WHERE THERE IS NO _____ FOR THE FUTURE, THERE IS NO _____ IN THE PRESENT.

Raise Your _____

Mark 9:23 *Anything is possible if a person believes.*

John 14:12 *I tell you the truth, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father.*

Matthew 21:22 *You can pray for anything, and if you have faith, you will receive it.*

Philippians 4:13 *For I can do everything through Christ, who gives me strength.*

Judges 6:1-6 *The Israelites did evil in the Lord’s sight. So the Lord handed them over to the Midianites for seven years. 2 The Midianites were so cruel that the Israelites made hiding places for themselves in the mountains, caves, and strongholds. 3 Whenever the Israelites planted their crops, marauders from Midian, Amalek, and the people of the east would attack Israel, 4 camping in the land and destroying crops as far away as Gaza. They left the Israelites with nothing to eat, taking all the sheep, goats, cattle, and donkeys. 5 These enemy hordes, coming with their livestock and tents, were as thick as locusts; they arrived on droves of camels too numerous to count. And they stayed until the land was stripped bare. 6 So Israel was reduced to starvation by the Midianites. Then the Israelites cried out to the Lord for help.*

Judges 6:11 *Gideon son of Joash was threshing wheat at the bottom of a winepress to hide the grain from the Midianites.*

We don’t get what we _____, we get what we _____.

expect = ex (_____) + spectare (to _____) = “_____ for”

Let _____ set your _____, then align _____ with _____.

1. Change your definition of _____

Judges 6:12 *When the angel of the Lord appeared to Gideon, he said, "The Lord is with you, mighty warrior."*

Judges 6:13 *"Sir," Gideon replied, "if the Lord is with us, why has all this happened to us? And where are all the miracles our ancestors told us about? Didn't they say, 'The Lord brought us up out of Egypt'? But now the Lord has abandoned us and handed us over to the Midianites."*

Who/What has your permission to define your _____?

2. Change your _____.

Judges 6:14-16 *Then the Lord turned to him and said, "Go with the strength you have, and rescue Israel from the Midianites. I am sending you!" 15 "But Lord," Gideon replied, "how can I rescue Israel? My clan is the weakest in the whole tribe of Manasseh, and I am the least in my entire family!" 16 The Lord said to him, "I will be with you. And you will destroy the Midianites as if you were fighting against one man."*

_____.

_____.

Judges 6:22-24 *When Gideon realized that it was the angel of the Lord, he cried out, "Oh, Sovereign Lord, I'm doomed! I have seen the angel of the Lord face to face!" 23 "It is all right," the Lord replied. "Do not be afraid. You will not die." 24 And Gideon built an altar to the Lord there and named it Yahweh-Shalom (which means "the Lord is peace"). The altar remains in Ophrah in the land of the clan of Abiezer to this day.*

Who/What is the source of your _____?

Judges 6:25-26 *That night the Lord said to Gideon, "Take the second bull from your father's herd, the one that is seven years old. Pull down your father's altar to Baal, and cut down the Asherah pole standing beside it. 26 Then build an altar to the Lord your God here on this hilltop sanctuary, laying the stones carefully. Sacrifice the bull as a burnt offering on the altar, using as fuel the wood of the Asherah pole you cut down."*

3. Burn _____.

Job 12:4 *Yet my friends laugh at me, for I call on God and expect an answer.*