

# Turn Around

## 3BIGWORDS

Apology Language #1 - "I'm sorry" - expressing regret

Apology Language #2 - "I was wrong" - accepting responsibility

Apology Language #3 - "How can I make it right" - making restitution

Apology Language #4 - "I will \_\_\_\_\_" -  
genuinely \_\_\_\_\_.

Repentance: \_\_\_\_\_

Acts 2:36 *So let everyone in Israel know for certain that God has made this Jesus, whom you crucified, to be both Lord and Messiah!* 37 *Peter's words pierced their hearts, and they said to him and to the other apostles, "Brothers, what should we do?"* 38 *Peter replied, "Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit.*

REPENTANCE DEMANDS THAT I \_\_\_\_\_ TO  
\_\_\_\_\_

Romans 12:18 *Do all that you can to live in peace with everyone.*

Hebrews 12:14 *Work at living in peace with everyone, and work at living a holy life, for those who are not holy will not see the Lord.*

Philippians 2:3 *Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves.* 4 *Don't look out only for your own interests, but take an interest in others, too.*

Romans 12:9 *Don't just pretend to love others. Really love them. Hate what is wrong. Hold tightly to what is good.* 10 *Love each other with genuine affection,[e] and take delight in honoring each other.*

THE \_\_\_\_\_ OF REPENTANCE

It begins in the \_\_\_\_\_

It is \_\_\_\_\_

It is \_\_\_\_\_

It is \_\_\_\_\_

It \_\_\_\_\_ despite \_\_\_\_\_

## ACKNOWLEDGE SUBSEQUENT FAILURE

\_\_\_\_\_

### Statements of Genuine Repentance

- ♥ I know that my behavior was very painful to you. I don't ever want to do that again. I want to change.
- ♥ How could I say that in a different way that would not come across as critical?
- ♥ I know that what I'm doing is not helpful. What would you like to see me change that would help you?
- ♥ I really do want to change. I know I'm not going to be perfect, but I really want to try to change this behavior. Would you be willing to remind me if I revert to my old patterns? Say "relapse". That will help me stop and fix my direction.
- ♥ I let you down by making the same mistake again. What would it take for you to begin to rebuild your trust in me?
- ♥ This is such a long-term pattern for me. While I want to change, I know it will be hard, and I may fail, hurting you again along the way. I would really appreciate it if you would help me think about a way to help my changes stick and encourage me when you see me doing things that help. Can I count on you to be my teammate on this?