

# Fear **NO**T

## 5 NOTS THAT UNKNOT YOUR LIFE

Matthew 8:23-26 (NIV) *Then he got into the boat and his disciples followed him. <sup>24</sup> Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. <sup>25</sup> The disciples went and woke him, saying, "Lord, save us! We're going to drown!" <sup>26</sup> He replied, "You of little faith, why are you so afraid?"*

Matthew 8:14-16 (NIV) *When Jesus came into Peter's house, he saw Peter's mother-in-law lying in bed with a fever. <sup>15</sup> He touched her hand and the fever left her, and she got up and began to wait on him. <sup>16</sup> When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick.*

Matthew 8:26 ...*Then he got up and rebuked the winds and the waves, and it was completely calm. <sup>27</sup> The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey him!"*

Mark 8:41 (NIV) *They were terrified and asked each other, "Who is this? Even the wind and the waves obey him!"*

## Jesus is \_\_\_\_\_ natural.

Matthew 10:16-18 (NLT) *"Look, I am sending you out as sheep among wolves. So be as shrewd as snakes and harmless as doves. <sup>17</sup> But beware! For you will be handed over to the courts and will be flogged with whips in the synagogues. <sup>18</sup> You will stand trial before governors and kings because you are my followers.*

Matthew 10:21-22 (NLT) *A brother will betray his brother to death, a father will betray his own child, and children will rebel against their parents and cause them to be killed. <sup>22</sup> And all nations will hate you because you are my followers.*

Matthew 10:28-31 (NLT) *Don't be afraid of those who want to kill your body; they cannot touch your soul. Fear only God, who can destroy both*

*soul and body in hell. <sup>29</sup> What is the price of two sparrows — one copper coin? But not a single sparrow can fall to the ground without your Father knowing it. <sup>30</sup> And the very hairs on your head are all numbered. <sup>31</sup> So don't be afraid; you are more valuable to God than a whole flock of sparrows.*

## You are \_\_\_\_\_ to Jesus.

Matthew 14:22-27 (NIV) *Immediately after this, Jesus insisted that his disciples get back into the boat and cross to the other side of the lake, while he sent the people home. <sup>23</sup> After sending them home, he went up into the hills by himself to pray. Night fell while he was there alone. Meanwhile, the disciples were in trouble far away from land, for a strong wind had risen, and they were fighting heavy waves. <sup>25</sup> About three o'clock in the morning Jesus came toward them, walking on the water. <sup>26</sup> When the disciples saw him walking on the water, they were terrified. In their fear, they cried out, "It's a ghost!" <sup>27</sup> But Jesus spoke to them at once. "Don't be afraid," he said. "Take courage. I am here!"*

Matthew 8:25 (NLT) *The disciples went and woke him, saying, "Lord, save us! We're going to drown!"*

## You don't have to be \_\_\_\_\_, even when there's \_\_\_\_\_ to be \_\_\_\_\_ of.

Mark 14:50 (NLT) *Then all his disciples deserted him and ran away.*

Acts 4:18-20 (NLT) *So they called the apostles back in and commanded them never again to speak or teach in the name of Jesus. <sup>19</sup> But Peter and John replied, "Do you think God wants us to obey you rather than him? <sup>20</sup> We cannot stop telling about everything we have seen and heard."*

## When they lost their fear of \_\_\_\_\_, they feared \_\_\_\_\_.

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