

# How to not lose your mind

## THE BOOK OF DANIEL

I'm all about \_\_\_\_\_. And \_\_\_\_\_ need to be all about \_\_\_\_\_.  
God is all about \_\_\_\_\_.

*Genesis 11:4; Genesis 11:9; Revelation 17:5; Isaiah 47:8, 10 (NIV)*

*Daniel 4:1-2 (ESV) King Nebuchadnezzar to all peoples, nations, and languages, that dwell in all the earth: Peace be multiplied to you! 2 It has seemed good to me to show the signs and wonders that the Most High God has done for me.*

*Daniel 4:3 (ESV) How great are his signs,  
how mighty his wonders!  
His kingdom is an everlasting kingdom,  
and his dominion endures from generation to generation.*

*Daniel 4:4-9 (ESV) I, Nebuchadnezzar, was at ease in my house and prospering in my palace. 5 I saw a dream that made me afraid. As I lay in bed the fancies and the visions of my head alarmed me. 6 So I made a decree that all the wise men of Babylon should be brought before me, that they might make known to me the interpretation of the dream. 7 Then the magicians, the enchanters, the Chaldeans, and the astrologers came in, and I told them the dream, but they could not make known to me its interpretation. 8 At last Daniel came in before me—he who was named Belteshazzar after the name of my god, and in whom is the spirit of the holy gods—and I told him the dream, saying, 9 “O Belteshazzar, chief of the magicians, because I know that the spirit of the holy gods is in you and that no mystery is too difficult for you, tell me the visions of my dream that I saw and their interpretation.*

*Daniel 4:19-26 (ESV) Then Daniel, whose name was Belteshazzar, was dismayed for a while, and his thoughts alarmed him. The king answered and said, “Belteshazzar, let not the dream or the interpretation alarm you.” Belteshazzar answered and said, “My lord, may the dream be for those who hate you and its interpretation for your enemies! [I wish this wasn't about you...but it is.] 20 The tree you saw, which grew and became strong, so that its top reached to heaven, and it was visible to the end of the whole earth, 21 whose leaves were beautiful and its fruit abundant, and in which was food for all, under which beasts of the field found shade, and in whose branches the birds of the heavens lived— 22 it is you, O king, who have grown and become strong. Your greatness has grown and reaches to heaven, and your dominion to the ends of the earth. 23 And because the king saw a watcher, a holy one, coming down from heaven and saying, ‘Chop down the tree and destroy it, but leave the stump of its roots in the earth, bound with a band of iron and bronze, in the tender grass of the field, and let him be wet with the dew of heaven, and let his portion be with the beasts of the field, till seven periods of time pass over him,’ 24 this is the interpretation, O king: It is a decree of the Most High, which has come upon my lord the king, 25 that you shall be driven from among men, and your dwelling shall be with the beasts of the field. You shall be made to eat grass like an ox, and you shall be wet with the dew of heaven, and seven periods of time shall pass over you, till you know that the Most High rules the kingdom of men and gives it to whom he will. 26 And as it was commanded to leave the stump of the roots of the tree, your kingdom shall be confirmed for you from the time that you know that Heaven rules.*

*Daniel 4:27 (ESV) Therefore, O king, let my counsel be acceptable to you: break off your sins by practicing righteousness, and your iniquities by showing mercy to the oppressed, that there may perhaps be a lengthening of your prosperity.”*

*Daniel 4:28-33 (ESV) All this came upon King Nebuchadnezzar. 29 At the end of twelve months [He had an entire year to repent] he was walking on the roof of the royal palace of Babylon, 30 and the king answered and said, “Is not this great Babylon, which I have built by my mighty power as a royal residence and for the glory of my majesty?” 31 While the words were still in the king's mouth, there fell a voice from heaven, “O King Nebuchadnezzar, to you it is spoken: The*

kingdom has departed from you, 32 and you shall be driven from among men, and your dwelling shall be with the beasts of the field. And you shall be made to eat grass like an ox, and seven periods of time shall pass over you, until you know that the Most High rules the kingdom of men and gives it to whom he will." 33 Immediately the word was fulfilled against Nebuchadnezzar. He was driven from among men and ate grass like an ox, and his body was wet with the dew of heaven till his hair grew as long as eagles' feathers, and his nails were like birds' claws.

Daniel 4:34-37 (ESV) At the end of the days I, Nebuchadnezzar, lifted my eyes to heaven, and my reason returned to me, and I blessed the Most High, and praised and honored him who lives forever, [poetry] for his dominion is an everlasting dominion, and his kingdom endures from generation to generation; 35 all the inhabitants of the earth are accounted as nothing, and he does according to his will among the host of heaven and among the inhabitants of the earth; and none can stay his hand or say to him, "What have you done?" [end poetry] 36 At the same time my reason returned to me, and for the glory of my kingdom, my majesty and splendor returned to me. My counselors and my lords sought me, and I was established in my kingdom, and still more greatness was added to me. 37 Now I, Nebuchadnezzar, praise and extol and honor the King of heaven, for all his works are right and his ways are just; and those who walk in pride he is able to humble.

**God hates \_\_\_\_\_, but loves \_\_\_\_\_.**

Proverbs 11:2 (NLT) Pride leads to disgrace, but with humility comes wisdom.

Proverbs 13:10 (NLT) Pride leads to conflict; those who take advice are wise.

Proverbs 29:23 (NLT) Pride ends in humiliation, while humility brings honor.

**Pride says, "\_\_\_\_\_."**

**We like God's \_\_\_\_\_, but not His \_\_\_\_\_.**

**Humility says, "\_\_\_\_\_"**

Isaiah 55:7-9 (NIV) Let the wicked forsake their ways and the unrighteous their thoughts. Let them turn to the Lord, and he will have mercy on them, and to our God, for he will freely pardon. 8 "For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord. 9 "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.

**Humility begins with the recognition that everything I have and am and possess I have \_\_\_\_\_ from God through Jesus.**

1 Corinthians 4:7 (NIV) For who makes you different from anyone else? What do you have that you did not receive? And if you did receive it, why do you boast as though you did not?

**Humility is worked out in a daily \_\_\_\_\_ to Jesus as Lord**

Proverbs 22:4 (NIV) Humility is the fear of the Lord

**The path of humility is paved with \_\_\_\_\_**

Luke 22:14, 17, 19 (NLT) When the time came, Jesus and the apostles sat down together at the table...Then he took a cup of wine and gave thanks to God for it...He took some bread and gave thanks to God for it.