

# Listening From the Inside Out

## HOW TO HAVE THAT DIFFICULT CONVERSATION (AND MAKE THE RELATIONSHIP BETTER)

James 1:19 *Everyone should be quick to listen, slow to speak, and slow to anger*

Your first \_\_\_\_\_ is to listen.

Listening \_\_\_\_\_ a conversation.

Listen to \_\_\_\_\_, not persuade.

Listening to them \_\_\_\_\_ listen to you.

When you listen well, your ability to \_\_\_\_\_ them increases.

Proverbs 18:2 *A fool does not delight in understanding, but only in airing his opinions.*

Listening from the inside out shifts your \_\_\_\_\_ from "you need to understand" to "help me understand".

At the heart of good listening is \_\_\_\_\_.

Listening from the inside out means you first have to listen to \_\_\_\_\_.

## Three errors to avoid:

1. Don't make \_\_\_\_\_ disguised as questions.

Use questions when you want to \_\_\_\_\_ and statements when you have something to \_\_\_\_\_.

2. Don't use questions to \_\_\_\_\_.

3. Ask \_\_\_\_\_ questions.

The God who set the world into existence is the same God who listens to \_\_\_\_\_.

Psalm 10:17 *You have heard, O LORD, the desire of the humble; You will strengthen their hearts. You will incline Your ear.*

## In God's kingdom, listening is more than just

\_\_\_\_\_.

Luke 8:21 *"My mother and my brothers are all those who hear God's word and obey it."*

Luke 8:18 *"So pay attention to how you listen. To those who listen to my teaching, more understanding will be given. But for those who are not listening, even what they think they understand will be taken away from them."*

Mark 4:24 *"Consider carefully what you hear," he continued. "With the measure you use, it will be measured to you—and even more."*