

Boundaries and Family

GOOD FENCES

Every extended family has to go through times of _____.

Genesis 2:24 *For this reason a man will leave his father and mother....*

The role of mother and father is a _____ one.

Your _____ and responsibility as a parent are temporary.

Galatians 4:1-2 *What I am saying is that as long as an heir is underage, he is no different from a slave, although he owns the whole estate. 2The heir is subject to guardians and trustees until the time set by his father.*

When you as a parent think you still have authority and/or responsibility over your adult children, you are trying to _____ something that belongs to God and God alone.

Healthy adults: If we have interaction with one another, the basis of the friendship is that everyone in the friendship understands that any relationship is not an obligation, but a _____.

Perpetual _____ Syndrome - a person allows his family of origin to continue to perform life management skills for him.

_____ is the failure to resolve a conflict between two persons and pulling in a 3rd to take sides.

When you participate in extended family strife, you are never making it _____.

Genesis 13:8-9 *So Abram said to Lot, "Let's not have any quarreling between you and me, or between your herders and mine, for we are close relatives. 9Is not the whole land before you? Let's part company. If you go to the left, I'll go to the right; if you go to the right, I'll go to the left."*

Healthy people know separation must come so you can eventually have _____.

Genesis 13:14-16 *The Lord said to Abram after Lot had parted from him, "Look around from where you are, to the north and south, to the east and west. 15 All the land that you see I will give to you and your offspring forever. 16 I will make your offspring like the dust of the earth, so that if anyone could count the dust, then your offspring could be counted.*

Abram's separation made room in his life for _____ and destiny.

_____ - ALL of their power is in the belief that you HAVE to put up with them and their behavior.

When the wiser, more mature person implements a boundary and walks away peaceful, without guilt, the Takers ability to manipulate you is _____.

The problem is not the Taker. It's _____.

2 Corinthians 12:14 *Children should not have to save up for their parents, but parents for their children.*

1 Timothy 5:3-4 *Give proper recognition to those widows who are really in need. 4But if a widow has children or grandchildren, these should learn first of all to put their religion into practice by caring for their own family and so repaying their parents and grandparents, for this is pleasing to God.*

Genesis 13:17 *Go, walk through the length and breadth of the land, for I am giving it to you."*

OLD SHOULD NOT MEAN _____.

3 other family issues that are a sign of a lack of boundaries.

- **Catching the _____** - you didn't have good emotional boundaries with the family you grew up in and now when there's contact (by phone or in person) afterwards you become grumpy, irritated, depressed, or withdrawn.
- **Second _____** - This is when your spouse feels like he/she gets the leftovers because the mate's real alliance is still to the parents.
- **May I Have My _____, please?** - While accepting a steady stream of gifts and hand-outs may be hard to turn down, they will eventually cost you. *"Adults who do not stand on their own financially are still children. Adults with boundaries live within their means."* (Dr. Henry Cloud)

These types of boundary problems crop up usually for one of two reasons.

1. You didn't learn the laws of boundaries in our family of origin and adult boundary problems are actually _____ boundary problems that never got addressed. (10 laws: May 11 & 18)
2. You may not have gone through the Biblical transition from parental authority to _____ authority as you entered adulthood.