

# Measuring Boundary Success

## GOOD FENCES

Step 1: \_\_\_\_\_

Resentment is an early warning \_\_\_\_\_ of a lack of boundary.

Step 2: A Change of \_\_\_\_\_

*Colossians 3:14 Above all, clothe yourselves with love, which binds us all together in perfect harmony.*

You become comfortable using “\_\_\_\_” as an acceptable complete sentence.

Step 3: Joining the \_\_\_\_\_

You need people in your life with the same Biblical values of \_\_\_\_\_ and responsibility.

*Matthew 18:20 [NLT] For where two or three gather together as my followers, I am there among them.”*

*Matthew 12:47-50 Someone told Him, “Look, Your mother and brothers are standing outside, wanting to speak to You.” 48 But Jesus replied, “Who is My mother, and who are My brothers?” 49 Pointing to His disciples, He said, “Here are My mother and My brothers. 50 For whoever does the will of My Father in heaven is My brother and sister and mother.”*

Step 4: Treasuring Our \_\_\_\_\_

We \_\_\_\_\_ out of what we’ve been given..

*1 John 4:19 We love because He first loved us.*

You \_\_\_\_\_ what you value.

Step 5: Practicing \_\_\_\_\_ Nos

*Isaiah 28:10 He tells us everything over and over—one line at a time, one line at a time, a little here, and a little there!”*

Step 6: Rejoicing in the \_\_\_\_\_ Feelings

Step 7: Practicing \_\_\_\_\_ Nos

The real target in boundary setting is \_\_\_\_\_.

The goal is to have a \_\_\_\_\_ structure that has boundaries and that can set limits on self and others at the appropriate times.

*Galatians 1:10 Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ.*

## Step 8: Rejoicing in the \_\_\_\_\_ of Guilty Feelings

There's a difference between feelings of \_\_\_\_\_ and bad.

## Step 9: Loving the Boundaries of \_\_\_\_\_

Loving others' boundaries confronts our \_\_\_\_\_.

Loving others's boundaries increases our capacity to \_\_\_\_\_ about others.

*Galatians 5:14 Love your neighbor as yourself.*

## Step 10: \_\_\_\_\_ Our No and Our Yes

*Luke 14:28-30 Which of you, wishing to build a tower, does not first sit down and count the cost to see if he has the resources to complete it? 29 Otherwise, if he lays the foundation and is unable to finish the work, everyone who sees it will ridicule him, 30 saying, 'This man could not finish what he started to build.'*

## Step 11: \_\_\_\_\_ Boundaries

They free us up to protect, nurture, and develop the lives God has given us \_\_\_\_\_ over.

Those with mature boundaries have \_\_\_\_\_ yes and a \_\_\_\_\_ no to be used or protected as needed