

# Gathering All the Pieces

## INTROVERTS (AND EXTROVERTS)

Galatians 6:4-5 (MSG) *Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others. Each of you must take responsibility for doing the creative best you can with your own life.*

From \_\_\_\_\_ comes power.  
Ecclesiastes 7:19 *Wisdom makes one wise person more powerful than ten rulers in a city.*

Proverbs 24:3-4 *By wisdom a house is built and by understanding it is established; 4through knowledge its rooms are filled with every precious and beautiful treasure.*

You can't \_\_\_\_\_ what you don't know.

- Self-\_\_\_\_\_: Negative evaluation of oneself, often harsh and rooted in feelings of worthlessness or inadequacy. It breeds insecurity.
- Self-\_\_\_\_\_: Becoming overly preoccupied with oneself, often avoiding reality or true self-discovery. Results in pride.
- Self-\_\_\_\_\_: Understanding your own character, feelings, motives, and desires, and how you appear to others. You recognize your strengths, while also seeing areas for improvement and growth.

### Myers-Briggs Type Indicator

1. Favorite World: Introvert (I) or Extrovert (E) - Where you focus your energy and how you recharge.

Introvert (I)	Extrovert (E)
<input type="checkbox"/> Do you recharge through solitude?	<input type="checkbox"/> Do you recharge through social interaction?

2. Information: Sensing (S) or Intuition (N) - Which do you rely on more, your five physical senses (S) things external or what you sense internally - intuition, perceptions, impressions, patterns, and gut reactions (N)?

Sensing (S) - I tend to...	Intuition (N) - I tend to...
<input type="checkbox"/> Be most aware of what I can see, taste, touch, hear, and feel	<input type="checkbox"/> Be most aware of what's intangible, what I can't see but know is real
<input type="checkbox"/> Make decisions by gathering external information	<input type="checkbox"/> Make decisions intuitively and "just know" without being able to explain why
<input type="checkbox"/> See details before the big picture, the trees before the forest	<input type="checkbox"/> See the big picture before details, the forest before the trees
<input type="checkbox"/> Learn best through practical examples and hands-on experience	<input type="checkbox"/> Learn best through creative language, like stories and metaphors
<input type="checkbox"/> Disagree with the statement, "You just need to trust your gut"	<input type="checkbox"/> Disagree with the statement "You just need to accept reality"
<input type="checkbox"/> Enjoy being fully engaged in the present moment	<input type="checkbox"/> Enjoy imagining what life could be more than thinking about what is

3. Decisions: Thinking (T) and Feeling (F) - When making decisions, do you first consider logic and facts (T) or people and feelings (F)?

Thinking (T) - I tend to...	Feeling (F) - I tend to...
<input type="checkbox"/> Prefer facts over feelings	<input type="checkbox"/> Prefer feelings over facts
<input type="checkbox"/> Be drawn to information more than inspiration	<input type="checkbox"/> Be drawn to inspiration more than information
<input type="checkbox"/> Make decisions with my head	<input type="checkbox"/> Make decisions with my heart
<input type="checkbox"/> Look at success in terms of results	<input type="checkbox"/> Look at success in terms of relationships
<input type="checkbox"/> Not understand when people don't use common sense	<input type="checkbox"/> Not understand when people are insensitive
<input type="checkbox"/> Thrive in situations that require my practical help or expertise	<input type="checkbox"/> Thrive in situations that require my personal support or empathy

4. Structure: Judging (J) or Perceiving (P) - Are you more comfortable with order and clarity (J) or spontaneity and flexibility (P)?

