

# Struggles and Strengths

## INTROVERTS (AND EXTROVERTS)

Genesis 16:1-11, 13 (NLT) Now Sarai, Abram's wife, had not been able to bear children for him. But she had an Egyptian servant named Hagar. <sup>2</sup> So Sarai said to Abram, "The Lord has prevented me from having children. Go and sleep with my servant. Perhaps I can have children through her." And Abram agreed with Sarai's proposal. <sup>3</sup> So Sarai, Abram's wife, took Hagar the Egyptian servant and gave her to Abram as a wife. (This happened ten years after Abram had settled in the land of Canaan.) <sup>4</sup> So Abram had sexual relations with Hagar, and she became pregnant. But when Hagar knew she was pregnant, she began to treat her mistress, Sarai, with contempt. <sup>5</sup> Then Sarai said to Abram, "This is all your fault! I put my servant into your arms, but now that she's pregnant she treats me with contempt. The Lord will show who's wrong—you or me!" <sup>6</sup> Abram replied, "Look, she is your servant, so deal with her as you see fit." Then Sarai treated Hagar so harshly that she finally ran away. <sup>7</sup> The angel of the Lord found Hagar beside a spring of water in the wilderness, along the road to Shur. <sup>8</sup> The angel said to her, "Hagar, Sarai's servant, where have you come from, and where are you going?" "I'm running away from my mistress, Sarai," she replied. <sup>9</sup> The angel of the Lord said to her, "Return to your mistress, and submit to her authority." <sup>10</sup> Then he added, "I will give you more descendants than you can count." <sup>11</sup> And the angel also said, "You are now pregnant and will give birth to a son. You are to name him Ishmael (which means 'God hears'), for the Lord has heard your cry of distress. <sup>12</sup> Thereafter, Hagar used another name to refer to the Lord, who had spoken to her. She said, "You are the God who sees me." She also said, "Have I truly seen the One who sees me?"

THE STRUGGLE: FEELING \_\_\_\_\_

THE STRENGTH: GENUINE \_\_\_\_\_

Influence isn't about...being \_\_\_\_\_, gaining \_\_\_\_\_, or \_\_\_\_\_

A person of influence has \_\_\_\_\_ with people

A person of influence \_\_\_\_\_ other people

A person of influence has \_\_\_\_\_ in people

A person of influence \_\_\_\_\_ to people

A person of influence \_\_\_\_\_ people

A person of influence \_\_\_\_\_ people

A person of influence \_\_\_\_\_ for other people

A person of influence \_\_\_\_\_ with people

A person of influence \_\_\_\_\_ people

A person of influence \_\_\_\_\_ other influencers

THE STRUGGLE: SELF-\_\_\_\_\_

THE STRENGTH: GODLY \_\_\_\_\_

Romans 12:2 (NLT) Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

## CONFIDENCE ISN'T AN \_\_\_\_\_, IT'S A COMPLEX PATTERN OF BRAIN ACTIVITY.

Exodus 3:7-12 (NLT) 7 Then the Lord told him, "I have certainly seen the oppression of my people in Egypt. I have heard their cries of distress because of their harsh slave drivers. Yes, I am aware of their suffering. 8 So I have come down to rescue them from the power of the Egyptians and lead them out of Egypt into their own fertile and spacious land. It is a land flowing with milk and honey—the land where the Canaanites, Hittites, Amorites, Perizzites, Hivites, and Jebusites now live. 9 Look! The cry of the people of Israel has reached me, and I have seen how harshly the Egyptians abuse them. 10 Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt." 11 But Moses protested to God, "Who am I to appear before Pharaoh? Who am I to lead the people of Israel out of Egypt?" 12 God answered, "I will be with you. And this is your sign that I am the one who has sent you: When you have brought the people out of Egypt, you will worship God at this very mountain."

Loving God...

... \_\_\_\_\_

... with the \_\_\_\_\_

...through \_\_\_\_\_ and Symbol

...in \_\_\_\_\_ and Simplicity

...through \_\_\_\_\_

...by Loving \_\_\_\_\_

...with \_\_\_\_\_

...with the \_\_\_\_\_

THE STRUGGLE: SECONDHAND \_\_\_\_\_

THE STRENGTH: TRUE \_\_\_\_\_

Psalm 35:27 (NIV) ... "The Lord be exalted, who delights in the well-being of his servant."

Happiness requires \_\_\_\_\_

### Your Happiness Synonyms

All the words below can be emotional synonyms for *happy*. Highlight or circle at least three that resonate with you.

For me, feeling happy = feeling . . .

Affectionate	Engaged	Peaceful
Altruistic	Enthusiastic	Productive
Amused	Excited	Purposeful
Awed	Fascinated	Relaxed
Blissful	Focused	Satisfied
Calm	Free	Secure
Cheerful	Fulfilled	Serene
Confident	Grateful	Strong
Content	Inspired	Surprised
Delighted	Interested	Worshipful
Eager	Motivated	Add your own: _____
Empowered	Optimistic	_____
Energized	Passionate	_____