

# Life is a Steeplechase...but longer

HOW TO HANDLE THE ROADBLOCKS THAT KEEP US FROM EXPERIENCING A RICH, SATISFYING LIFE

John 10:10 *The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.*

Galatians 5:17 *What your corrupt nature wants is contrary to what your spiritual nature wants, and what your spiritual nature wants is contrary to what your corrupt nature wants. They are opposed to each other. As a result, you don't always do what you intend to do.*

Galatians 5:19-21 *Now, the effects of the corrupt nature are obvious: illicit sex, perversion, promiscuity, idolatry, drug use, hatred, rivalry, jealousy, angry outbursts, selfish ambition, conflict, factions, envy, drunkenness, wild partying, and things like that.*

## Tools to Correctly Navigate the Roadblocks

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Proverbs 10:21 *The words of the godly encourage many...*

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**It is not emotional \_\_\_\_\_.**

**It is not a \_\_\_\_\_.**

**Is only valid \_\_\_\_\_ conflict has been addressed.**

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1st Corinthians 16:13-14 *Keep your eyes open, hold tight to your convictions, give it all you've got, be resolute, and love without stopping.*

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Proverbs 15:24 *Gentle words are a tree of life; a deceitful tongue crushes the spirit.*

Proverbs 17:27 *A truly wise person uses few words; a person with understanding is even-tempered.*

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Proverbs 11:27 *Your kindness will reward you, but your cruelty will destroy you.*

Proverbs 16:24 *Kind words are like honey— sweet to the soul and healthy for the body.*

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1st Thessalonians 5:16 *Always be joyful.*

Ecclesiastes 1:8 *Everything is wearisome beyond description. No matter how much we see, we are never satisfied. No matter how much we hear, we are not content.*

Psalm 40:8 *I take joy in doing your will, my God, for your instructions are written on my heart.*