

# **Pain, pain, go away...**

## HOW RELATIONSHIPS GROW

**Jesus is our \_\_\_\_\_.**

1 Peter 2:21 ...He [Christ] is your example, and you must follow in his steps.

**We most closely follow in His steps when we suffer \_\_\_\_\_.**

Hebrews 5:8 Even though Jesus was God's Son, he learned obedience from the things he suffered.

Romans 8:17 And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering.

- Good pain produces \_\_\_\_\_.

Romans 5:3-5 "We also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope

- Good pain takes us beyond our ability to \_\_\_\_\_.

- Good pain is where we \_\_\_\_\_.

James 1:2-5 Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything.

James 1:5 If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.

- Bad pain is \_\_\_\_\_ pain.

- Bad pain invites false \_\_\_\_\_.

Proverbs 26:11 As a dog returns to its vomit, so a fool repeats his folly.

\_\_\_\_\_ **bad pain** and \_\_\_\_\_ **good pain.**

**1. Don't call \_\_\_\_\_ pain \_\_\_\_\_.**

**2. \_\_\_\_\_ the bad pain in order to \_\_\_\_\_ it.**

**3. \_\_\_\_\_ the worthless suffering into suffering.**

*Ephesians 6:11-13 Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. 12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. 13 Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm.*

**We are to arm ourselves with an \_\_\_\_\_ that \_\_\_\_\_.**

*Matthew 16:23-24 Jesus turned to Peter and said, "Get away from me, Satan! You are a dangerous trap to me. You are seeing things merely from a human point of view, not from God's." 24 Then Jesus said to his disciples, "If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me.*

**Give up trying \_\_\_\_\_.**

*Philippians 2:5-8 You must have the same attitude that Christ Jesus had. 6 Though he was God, he did not think of equality with God as something to cling to. 7 Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, 8 he humbled himself in obedience to God and died a criminal's death on a cross.*

**Give in \_\_\_\_\_.**

**• Our way: give in to \_\_\_\_\_.**

**• Our way: give in to \_\_\_\_\_.**

**Give back \_\_\_\_\_.**

*1 Peter 2:23 He did not retaliate when he was insulted, nor threaten revenge when he suffered. He left his case in the hands of God, who always judges fairly.*

*Romans 12:21 Don't let evil conquer you, but conquer evil by doing good.*