

# Just get over it

## HOW RELATIONSHIPS GROW

*1 Peter 4:1-2 Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin. 2 As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God.*

We are to arm ourselves with an \_\_\_\_\_  
that \_\_\_\_\_.

## Give up trying \_\_\_\_\_.

*Philippians 2:5-8 You must have the same attitude that Christ Jesus had. 6 Though he was God, he did not think of equality with God as something to cling to. 7 Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being. When he appeared in human form, 8 he humbled himself in obedience to God and died a criminal's death on a cross.*

GOD DESIGNED MARRIAGE—AND THE REST OF HUMAN LIFE—  
FOR \_\_\_\_\_, NOT FOR \_\_\_\_\_. LIFE ONLY WORKS WHEN WE ARE  
BEING \_\_\_\_\_. IT DOES NOT WORK WHEN WE ARE PLAYING \_\_\_\_\_.

Give in \_\_\_\_\_.

Give back \_\_\_\_\_.

*1 Peter 2:23 He did not retaliate when he was insulted, nor threaten revenge when he suffered. He left his case in the hands of God, who always judges fairly.*

*Romans 12:21 Don't let evil conquer you, but conquer evil by doing good.*

**Grief: God's \_\_\_\_\_ for what isn't \_\_\_\_\_**

*Matthew 26:36-37 Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." 37 He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled.*

## Things to know about grief

- Grief must be entered into \_\_\_\_\_.

- The \_\_\_\_\_ for grief are varied.
- The \_\_\_\_\_ of grief is varied.
- The purpose of grief is \_\_\_\_\_.

*Ecclesiastes 7:3-4 (HCSB) Grief is better than laughter, for when a face is sad, a heart may be glad. 4 The heart of the wise is in a house of mourning, but the heart of fools is in a house of pleasure.*

## The Process

1. \_\_\_\_\_

*John 16:33 "...Here on earth you will have many trials and sorrows..."*

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

## Why don't we grieve?

**1. We don't see the experience as a \_\_\_\_\_.**

**2. We lack \_\_\_\_\_.**

We need 2 things to grieve...

1. \_\_\_\_\_

*Romans 12:15 Be happy with those who are happy, and weep with those who weep.*

2. \_\_\_\_\_

*Psalm 30:5 Weeping may last through the night, but joy comes with the morning.*

*Matthew 5:4 God blesses those who mourn, for they will be comforted.*