DON'T TAKE THE BAIT Guardrails

GUARDRAIL - A SYSTEM DESIGNED TO KEEP VEHICLES FROM STRAYING INTO DANGEROUS OR OFF-LIMIT AREAS. SAFETY LIMITS TO KEEP US OUT OF UNSAFE AREAS.

LIFE GUARDRAIL - A PERSONAL STANDARD OF BEHAVIOR THAT BECOMES A MATTER OF CONSCIENCE.

Every area of our life where there is _____, we need a guardrail.

1 Corinthians 6:18 Flee from sexual immorality.

Christians have an even greater ______ to flee sexual immorality.

1 Corinthians 6:19-20 Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your body.

Temple means your body is _____. Holy means it's to be _____.

Guardrails For Married People

- 1. Don't ______ alone with members of the opposite sex.
- 2. Don't _____ alone with members of the opposite sex.
- 3. Don't _____ a cute member of the opposite sex, just to "help them out".

4. Don't ______ or counsel members of the opposite sex.

5. When you feel your heart or desire drifting toward a specific person that is not your spouse, ______ someone.

Your spouse needs to know where your guardrails are and need to be ______ with them.

Guardrails For Single People

- 1. Apply the married people's guidelines in your own relationships with ______ people.
- 2. No _____.
- 3. Take a _____ break.

One of the first things that fuels intimacy in marriage is ______.

Sin always matters to God. Will _____ matter to you?

If you honor God with your body, He will honor you in your ______.

MOVING FORWARD - THINK CAREFULLY THROUGH THE SPECIFIC GUARDRAILS SUGGESTED IN THIS SESSION. 1. Which ones do you need to immediately establish in your life?

- 2. If you find yourself resisting some of them -- why exactly is that?
- 3. What other similar guidelines come to mind as being appropriate for you?