

Glad and sad

THE HAPPINESS DARE

Truths about happiness

Our happiness _____ to God.

Psalm 68:3 But the righteous shall be glad; they shall exult before God; they shall be jubilant with joy!

We have _____ to be happy.

Happiness is a vital part of _____.

God uniquely _____ us for happiness.

The Principle of Good _____

I WILL BECOME HAPPIER WHEN I UNDERSTAND AND ACCEPT THAT _____ IS GOOD AND _____ TO MY _____ HAPPINESS.

Genuine happiness allows _____ for a person to be _____.

John 16:33 ...Here on earth you will have many trials and sorrows...

Psalm 56:8 You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book.

The way to happiness when you're sad

_____ yourself to be _____.

THE LIE WE BELIEVE: _____ SHOULD BE AVOIDED.

_____ the _____.

_____ the _____.

2 Corinthians 1:3-4 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.

Refuse to _____ where you _____.

THE LIE WE BELIEVE: MY LIFE _____ MAKE HAPPINESS _____.

Habakkuk 3:17-19

The first weapon available to regain our _____ will be His _____.

Nehemiah 8:10 And Nehemiah continued, "Go and celebrate with a feast of rich foods and sweet drinks, and share gifts of food with people who have nothing prepared. This is a sacred day before our Lord. Don't be dejected and sad, for the joy of the Lord is your strength!"

The way to the _____ happiness is _____.

John 15:11 I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!

Hebrews 12:2 We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

God keeps _____, and He wants you to _____.

Psalm 56:9-11 Then my enemies will turn back in the day when I call. This I know, that God is for me. 10 In God, whose word I praise, in the Lord, whose word I praise, 11 in God I trust; I shall not be afraid. What can man do to me?