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## How's That For An Apology? When Sorry Isn't Enough

Apology is humanity's response to		
It's an obligation owed to the apology is also a	nose we have mistreated, but an	
with the	zing is that it brings you face-to-face of your actions and forces you to	
confront the	•	
QUIZ - Apology Quotient (AQ)		
1. Believe me, I had no intention of offer Unlikely	nding you, but if I did, I'm very sorry. □ Likely	
· ·	costs on you. I insist that you accept this check as a	
· ·	out what happened and I'm certain you agree with me	
4. I handled things very badly and I'm so that someday it may be possible for you	orry. I intend to work very hard to earn your trust so	
5. I want to apologize for acting like such  Unlikely	v	
· ·	ou. I am particularly ashamed that I betrayed you	
7. Yes, I hurt you and Im sorry, but here ☐ Unlikely	v	
8. I'm sorry. I value our friendship and I demonstrate that I keep my word.  □ Unlikely	ask only that in the coming months you allow me to  Likely	
9. I'm sorry for the inconvenience. My se Unlikely	ecretary is normally very reliable.    Likely	
apologize. I'm sorry for losing my tem I'm sorry for not coming to you right a		
□ Unlikely	□ Likely	

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An effective apology sl	nows	, models respect for
others, and demonstrat		•
An effective apology is	not about the	that
prompted it, but about	the	that
had equal status with God but did advantages of that status no mate privileges of deity and took on the stayed human. It was an incredib lived a selfless, obedient life and t that: a crucifixion. 9 Because of the	Think of yourselves the way Clan't think so much of himself the ter what. 7 Not at all. When the e status of a slave, became hum ly humbling process. He didn't de hen died a selfless, obedient dechat obedience, God lifted him hat all created beings in heaven rship before this Jesus Christ, man	hrist Jesus thought of himself. 6 He tat he had to cling to the time came, he set aside the tan! 8 Having become human, he claim special privileges. Instead, he ath - and the worst kind of death a igh and honored him far beyond and on earth - even those long ago
An apology shows we _	·	onsibility for an
offense or grievance ar		emorse in a direct,
personal manner,		tution and promising
not to do it again.		
To the Offended:  1. An apology d	lignity and honor.	
2. An apology t	the assurance of safety in the	relationship.
3. An apology relationship up to that point will o	for the offended that the rule continue as you both move fo	es and values that governed the orward.
To the Apologizer:  1. Apologizing keeps us aligned v	with	
2. Apologizing permits us to be _		
3. Apologizing helps you develop	a lasting sense of	·
4. Apologizing allows you to be m	nore	
Five Gallon Container		