Wiilationships.com March 19, 2017

## Failure, fault, and blame When Sorry Isn't Enough

Effective apology is	for healthy relationships.	
Accepting	"I was	<i></i> '
= Possess	ING THE MEANS OR SKILL NECESSAF	RY TO
IN THE WAY.		
One of the most important fawillingness to admit that you		s the
James 5:13-16 Is anyone among you suffering? 14 Is anyone among you sick? Let him call anointing him with oil in the name of the I sick, and the Lord will raise him up. And if confess your sins to one another and pray I righteous person has great power as it is w	for the elders of the church, and let then Lord. 15 And the prayer of faith will save f he has committed sins, he will be forgiv for one another, that you may be healed.	n pray over him e the one who is ven. 16 Therefore
James 4:1 What causes quarrels and what causer are at war within you? 2 You desire and do so you fight and quarrel. You do not have,	o not have, so you murder. You covet and	
resp	onsibility	
Do not		
•		
·		
•		

Wiilationships.com March 19, 2017

Do · avoid	_•	
· all your words, act	ions, and life.	
· own the, not j	ust the	
My apology is about	ability, not	ability.
The validity of my	doesn't vali	date my
We are feeling our need	for	
Proverbs 28:13 Whoever conceals his tre them will obtain mercy.	ansgressions will not prosper, bu	t he who confesses and forsake.
1 John 1:9 If we confess our sins, he is fo unrighteousness.	aithful and just to forgive us our	sins and to cleanse us from all
The only unwilling to	e e	u is the one you're

- I know that what I did was wrong. I could try to excuse myself, but there is no excuse. Pure and simple, what I did was selfish and wrong.
- I made a big mistake. At the time, I didn't think much about what I was doing. But in retrospect, I guess that's the problem. I wish I had thought before I acted. What I did was wrong.
- The way I spoke to you was wrong. I spoke out of anger, trying to justify myself. The way I talked to you was unkind and unloving. I hope you will forgive me.
- I repeated a mistake that we've discussed before. I really messed up. I know that it was my fault.