Wiilationships.com April 2, 2017

I will, will will when Sorry Isn't El	ll you?	
When Sorry Isn't El Genuinely	<i>nouğh</i> "I will	or "I will make
every		
to be both Lord and I other apostles, "Broth 38 Peter replied, "Each of	Messiah! 37 Peter's words pierd ers, what should we do?" f you must repent of your sins	et God has made this Jesus, whom you crucified ted their hearts, and they said to him and to the and turn to God, and be baptized in the name In you will receive the gift of the Holy Spirit.
REPENTANCE IS NECES	SSARY	WE NEED TO CHANGE DIRECTION.
changed his mind and Jonah 4:1-2 This change to the Lord about it: ran away to Tarshish	d did not carry out the destruc of plans greatly upset Jonah, c "Didn't I say before I left home	and he became very angry. 2 So he complained that you would do this, Lord? That is why I ful and compassionate God, slow to get angry
The	of Repentance	
	9	
It is		
It is		
It is		
lt	despite	

## Statements of Genuine Repentance

- ♥ I know that my behavior was very painful to you. I don't ever want to do that again. I want to change.
- ♥ How could I say that in a different way that would not come across as critical?

Acknowledge subsequent failure \_\_\_\_\_

- ♥ I know that what I'm doing is not helpful. What would you like to see me change that would help you?
- ◆ I really do want to change. I know I'm not going to be perfect, but I really want to try to change this behavior. Would you be willing to remind me if I revert to my old patterns? Say "relapse". That will help me stop and fix my direction.

Wiilationships.com April 2, 2017

♥ I let you down by making the same mistake again. What would it take for you to begin to rebuild your trust in me?

◆ This is such a long-term pattern for me. While I want to change, I know it will be hard, and I may fail, hurting you again along the way. I would really appreciate it if you would help me think about a way to help my changes stick and encourage me when you see me doing things that help. Can I count on you to be my teammate on this?

Requesting	"Will you please	me?"
Requesting forgiveness shows want to see the relationshi		
you have done	e something	
are willing to put the offended person.	of the relationship in the han	ds of the
Forgiveness is a	•	
Requesting forgiveness can bedesire for	difficult because of our	
desire for		
desire to be		
desire to		
RE MORE INTERESTED IN THE	OF THE RELATIONSHIP THAN IN YOUR OWN	

## Statements Requesting Forgiveness

- ➡ I'm sorry for the way I spoke to you. I know it was loud and harsh. You didn't deserve that. It was very wrong of me, and I want to ask you to forgive me.
- ◆ I know that what I did hurt you very deeply. You have every right never to speak to me again, but I am truly sorry for what I did. And I hope that you can find it in your heart to forgive me.
- ◆ I didn't intend to hurt you but obviously I have. I realize that now, and I see that my actions were wrong even though I was just trying to have fun. It's never right to have fun if someone gets hurt. I promise you I will try to never do that again. And I want to ask you if you will please forgive me.